

# CHALLIS PARENTING AND EARLY LEARNING CENTRE

## 2025 TERM THREE PROGRAMMES

### MONDAY

#### Move 'n Groove 9.00 am - 10.00 am Assembly Undercover area.

At Move and Groove your child will crawl, jump, hop, swing, roll, tumble, hang, climb, sing and dance their way to healthy physical, social, emotional and intellectual development.

Available to Challis Families

### TUESDAY

#### Stay & Play 9.00 am - 10.30 am J6 Classroom

Stay and Play provides fun and age-appropriate learning opportunities for children to practice and develop fine motor, sensory, language and social skills essential for healthy development.

Bring your child along to paint, cut, thread, splash and mash so that they have the best start, and are ready for school.

Available to Challis Families

### WEDNESDAY

#### Tiny Tots 9.00 am - 10.30 am Challis Parenting and Early Learning Centre.

It's all about the first 100 days! Come along to our weekly Tiny Tots Group to learn about your baby's development and to share tips and experiences with other Mums and Dads.

Tiny Tots offers the opportunity to learn alongside other parents because as they say - it takes a village! Sorry, we are unable to accommodate older siblings in this session.

Suitable for children aged 0 - 24 months  
Available to Armadale Community

### THURSDAY

#### Story Time 9.00 am - 10.30 am J6 Classroom

Read, talk, sing and play! Sing songs, share stories and be creative with your child in Story Time. Discover interactive story fun for Pre-schoolers and their carers.

During this session, we incorporate craft, sensory play and fine motor skills based around a story book focus.

We offer a play environment where children can explore inside and outside, practising their social skills along the way by playing with other children.

Come along and join in the Story Time fun!

Available to Challis Families



#### Waullo Dawn

Weeks Three, Five, Seven and Nine  
8.30 - 9.00 am  
Weeks Two, Four, Six, Eight, and Ten  
2.00 pm - 3.00 pm  
Kaartadjinny Dandjoo Centre

Please use door with Waullo Dawn sign, leading to confidential space.  
Healing service; onsite family domestic violence support.

For any parent, carer or family member with current or recent experience of family domestic violence.

Available to Armadale Community

#### 54 reasons Helping Hands Playgroup

9:30 am-11.30 pm  
Challis Parenting and Early Learning Centre

Run by 54 Reasons Early Years Partnership Team.

Phone Cat on 0439 852 917  
or Ruth on 0418 274 636

We would love to see you come along and join our wonderful team.

This playgroup is for parents who have concerns whether great or small and who may require extra support or resourcing.

Available to Armadale Community

#### Child Health Nurse Drop In Session

9.00 am - 10.00 am  
Challis Parenting and Early Learning Centre

At the Drop-In session our Child Health Nurse is available for quick queries or concerns without an appointment.

You can also meet and talk with other parents.

Scales are available for you to check your baby's weight.

For complicated issues or personal matters, please phone the Child Health Nurse on 9498 1530 to make an appointment.

Available to Armadale Community



Follow us on Facebook:  
Challis 0-3 Developmental Groups





# WORKSHOPS and SPECIAL EVENTS

## Positive Parenting Program

### Triple P Seminar 3

Wednesday 6<sup>th</sup> August  
9.00 am - 11.00 am

Challis Community Primary School Staffroom

### 'Raising Emotionally Resilient Children'

Help your child learn to manage their emotions and cope well with challenges.

Triple P's free, two hour seminars offer easy-to-understand strategies (that actually work!) to:

- promote your child's development and independent skills.
- encourage positive and cooperative behaviour
- raise confident and resilient children
- strengthen relationships



Registration essential as places are limited.

You can book your free place now by scanning the QR code.

Available to the Armadale Community

Available to Challis Families

LEARN HOW TO INCLUDE MATHS AT HOME EVERYDAY AND RECEIVE A FREE RESOURCE PACK TO TAKE HOME.

Challis Community Primary School  
J6 Classroom



COME TO STAY & PLAY FOR A SPECIAL MATH DAY!

WITH MISS LAUREN AND MISS FIONA

TUESDAY 19<sup>th</sup> AUGUST  
9AM-10:30AM

Suitable for 0 - 4 years

SCAN TO REGISTER

## COMMUNICARE Communicare Workshops

### Guiding Behaviours

Wednesday 3<sup>rd</sup> September  
11.30 am - 1.30 pm

Challis Parenting and Early Learning Centre

Help your child learn to manage their emotions and cope well with challenges.



Please register with QR Code or go to **Guiding Behaviours (Armadale) Tickets, Challis Primary School, Armadale | TryBooking Australia**

Registration essential as places are limited.

You can book your free

\*No child minding available.

It is recommended that children are not brought along to these sessions

Available to Armadale Community

## Did you know ....

On school grounds we also have Challis Interprofessional Practice Clinic!

The Curtin IPP Clinic was established at Challis Community Primary School in 2011 to enhance the learning and development of school children. The clinic offers free allied health services to referred children during the school day. On offer is:

**Speech Pathology** - articulation (e.g. sound errors, sound omission), fluency (e.g. stuttering), language (e.g. vocabulary), mealtime safety (e.g. swallowing etc).

**Occupational Therapy** - attention, emotional regulation, fine motor skills (e.g. handwriting, cutting), working memory, basic dressing skills (e.g., buttoning, shoes, and socks and zippers).

**Physiotherapy** - general gross motor skills, object control (e.g. ball and bat skills). toe-walking etc.

**Social Work** - connection to services, counselling, grief and loss, anger management, anxiety, coping with change, etc.

**Psychology** - counselling, grief and loss, anger management, anxiety, coping with change etc.

**Dietetics** - general dietary advice.

If you wish to access any of these services for your child, please contact the School Social Worker, Senior Family Support Worker on 0481 908 135 or 9391 4100, or speak with your child's Deputy Principal.

## CENTRE STAFF



### School Social Worker

Lauren Johnson

Days: Monday, Tuesday, Thursday, Friday  
Times: 8:00am-4:00pm  
Phone: 0481 908 135

### School Psychologist

Felicia Reedman

Days: Monday- Friday  
Times: 8:00am-4:00pm  
Phone: 08 9391 4100  
felicia.reedman2@education.wa.edu.au



### Child Health Nurse

Nikita Leclos

Days: Monday- Friday  
Times: 8:30am-4:00pm  
Phone: 08 9498 1530

Chris Cooper

Days: Friday  
Times: 8:30am-4:00pm  
Phone: 08 9498 1530

### School Officer

Heather Sinclair

Days: Monday- Thursday  
Times: 8:00am-4:00pm  
Phone: 08 9391 4100

### Family Support Workers

Fiona Dunn

Days: Wednesday, Thursday, Friday  
Times: 8:30am-4:00pm  
Phone: 08 9391 4100

Lauren Jakovich

Days: Monday, Tuesday  
Times: 8:30am-4:00pm  
Phone: 9391 4100

Christie Byrne

Days: Monday-Friday  
Times: 8:00am-4:00pm  
Phone: 08 9391 4100

