

CHALLIS PARENTING AND EARLY LEARNING CENTRE

TERM TWO PROGRAMMES 2026

MONDAY

Move 'n Groove
9.00 am - 10.00 am
Assembly Undercover area.

At Move and Groove your child will crawl, jump, hop, swing, roll, tumble, hang, climb, sing and dance their way to healthy physical, social, emotional and intellectual development.



Available to Challis Families

TUESDAY

Stay & Play
9.00 am - 10.30 am
J8 Classroom

Stay and Play provides fun and age-appropriate learning opportunities for children to practice and develop fine motor, sensory, language and social skills essential for healthy development.

Bring your child along to paint, cut, thread, splash and mash so that they have the best start, and are ready for school.



Available to Challis Families

WEDNESDAY

Story Time
9.00 am - 10.30 am
J8 Classroom

Read, talk, sing and play! Sing songs, share stories and be creative with your child in Story Time. Discover interactive story fun for Pre-schoolers and their carers.

During this session, we incorporate craft, sensory play and fine motor skills based around a story book focus.

We offer a play environment where children can explore inside and outside, practising their social skills along the way by playing with other children.

Come along and join in the Story Time fun!

Available to Challis Families

THURSDAY

Tiny Tots
9.00 am - 10.30 am
Challis Parenting and Early Learning Centre.

It's all about the first 100 days! Come along to our weekly Tiny Tots Group to learn about your baby's development and to share tips and experiences with other Mums and Dads.

Tiny Tots offers the opportunity to learn alongside other parents because as they say - it takes a village!

Sorry, we are unable to accommodate older siblings in this session.



Suitable for children aged 0 - 24 months
Available to Armadale Community

FRIDAY

54 reasons
Elevate

9.00 am - 11.00 am
Challis Parenting and Early Learning Centre

Our Family Support Workers host these sessions for Parents to come along and discuss relevant topics.

These sessions are fun, informative and explore all aspects of Early Childhood Development, Family Support, Financial Support, Wellbeing and other suitable issues.

For more information contact Ruth 0418 274 636

Available to Armadale Community

Follow us on Facebook:

**Challis 0-3
Developmental
Groups**



54 reasons

**Helping Hands
Playgroup**
9.30 am-11.30 am
Challis Parenting and Early Learning Centre

Run by 54 Reasons Early Years Partnership Team.

Phone Cat on 0439 852 917
or Ruth on 0418 274 636

We would love to see you come along and join our wonderful team. This playgroup is for parents who have concerns whether great or small and who may require extra support or resourcing.

Available to Armadale Community



**Child Health
Nurse**

Drop In Session
9.00 am - 10.00 am
Challis Parenting and Early Learning Centre

At the Drop-In session our Child Health Nurse is available for quick queries or concerns without an appointment.

You can also meet and talk with other parents.

Scales are available for you to check your baby's weight.

For complicated issues or personal matters, please phone the Child Health Nurse on 9498 1530 to make an appointment.

Available to Armadale Community

**See overleaf
for our
TermTwo
Workshops**

WORKSHOPS and SPECIAL EVENTS Term Two

Pre-Kindergarten

To apply, you can collect an application form from The Challis Parenting and Early Learning Centre or the School Office.

This class is run by a qualified Early Childhood Teacher and Education Assistant to prepare children for Kindergarten.

Pre-Kindergarten is 2, two and a half hour session per week.

For further information please see the contact address, email, telephone and website at the base of this page.

Available to Challis Families

Challis Parenting and Early Learning Centre offer the Pre-Kindergarten programme to children who;

- Reside within the Challis School Boundary
- Have turned three years of age prior to June 30th
- Enrol at Challis Community Primary School for further education (Kindergarten, Pre-Primary, Year One/Year Two etc).

COMMUNICARE

Parenting Challenges in a Digital World

Tuesday 5th May
9.00 am - 11.00 am
Jarrah 8 Classroom

This workshop replaces our Stay & Play session on this day

Do you sometimes feel that technology controls every part of your child's life? We live in a world of screens and devices, which tend to take over our lives and replace other activities. With children this can mean refusing to attend school, family conflict, tantrums and other daily challenges. This programme explores the addictive nature of technology and other activities. There will also be time to explore individual family experiences.

COMMUNICARE

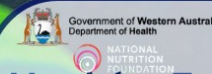
Mealtimes and Fussy Eating

Thursday 28th May
9.00 am - 11.00 am
Challis Parenting and Early Learning Centre

This workshop replaces our Tiny Tots session on this day.

Is your child a fussy eater? Struggling to find a mealtime routine that works?

Join our Mealtimes and Fussy Eaters Programme - a practical, supportive, and educational approach designed to help your child develop better eating habits and enjoy mealtimes again!



Healthy Eating at home and school

Tuesday 9th June
12.30 - 2.30 pm

Challis Parenting and Early Learning Centre

Practical, evidence-based strategies to boost children's energy, focus and wellbeing. Simple nutrition tips for busy school days.

Tools to support happier and healthier food environments at home and at school.

Delivered by trusted nutrition and education professionals.

Register today by emailing: stacey_brockway@education.wa.edu.au

freshSNAP also provides ... Resources and recipes for FREE on the freshSNAP website. Tools and support for teachers, canteens and school leadership to create a healthy and supportive food environment for the whole school community.

COMMUNICARE

Raising Children in a Digital World

Tuesday 16th June
9.00-11.00 am
Jarrah 8 Classroom

This workshop replaces our Stay & Play session on this day.

Participants will learn strategies to help manage technology in the home, keep children safe and support their children living in this digital world, including how to best use technology to enhance their child's development rather than detract from it.

Did you know

On school grounds we also have Challis Interprofessional Practice Clinic!

The Curtin IPP Clinic was established at Challis Community Primary School in 2011 to enhance the learning and development of school children. The clinic offers free allied health services to referred children during the school day. On offer is;

Speech Pathology - articulation (e.g. sound errors, sound omission), fluency (e.g. stuttering), language (e.g. vocabulary), mealtime safety (e.g. swallowing etc).

Occupational Therapy - attention, emotional regulation, fine motor skills (e.g. handwriting, cutting), working memory, basic dressing skills (e.g., buttoning, shoes, and socks and zippers).

Physiotherapy - general gross motor skills, object control (e.g. ball and bat skills). toe-walking etc.

Social Work - connection to services, counselling, grief and loss, anger management, anxiety, coping with change, etc.

Psychology - counselling, grief and loss, anger management, anxiety, coping with change etc.

Dietetics - general dietary advice.

If you wish to access any of these services for your child, please contact the School Social Worker, Senior Family Support Worker on 0481 908 135 or 9391 4100, or speak with your child's Deputy Principal.

CENTRE STAFF

School Officer

Heather Sinclair

Days: Monday- Thursday
Times: 8:00am-4:00pm
Phone: 08 9391 4150

Family Support Workers

Lauren Jakovich

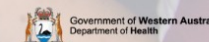
Days: Monday AM, Tuesday All day
Wednesday and Thursday AM
Phone: 08 9391 4150

Stacey Brockway

Phone: 08 9391 4100

Christie Byrne

Days: Monday-Friday
Times: 8:00am-4:00pm
Phone: 08 9391 4100



Developmental Groups Teacher

Lauren Jakovich

Days: Monday AM, Tuesday All day
Wednesday and Thursday AM
Phone: 08 9391 4150

School Social Worker

TBA

School Psychologist

TBA

Child Health Nurse

Nikita Leclos

Days: Monday- Friday
Times: 8:30am-4:00pm
Phone: 08 9498 1530

Chris Cooper

Days: Friday
Times: 8:30am-4:00pm
Phone: 08 9498 1530

